



Well Wisconsin Program

For Participants of the Group Health Insurance Program

WebMD[®]



Objectives

By the end of this presentation, you will be able to:

- Access the Well Wisconsin program
- Earn your \$150 Well Wisconsin incentive
- Identify participation benefits
- Find resources to support your well-being

What is Well Wisconsin?

- Provides tools and resources to help participants set health and well-being goals, track progress, stay motivated, and earn incentives
- WebMD administers the Well Wisconsin program



Signing Up

- Eligibility
- Register a new account



Eligibility for Well Wisconsin

Group Health Insurance Program



Subscribers



Spouses



Dependents

UnitedHealthcare Medicare Advantage Members*



Services



No incentive

*UHC offers its own wellness rewards program

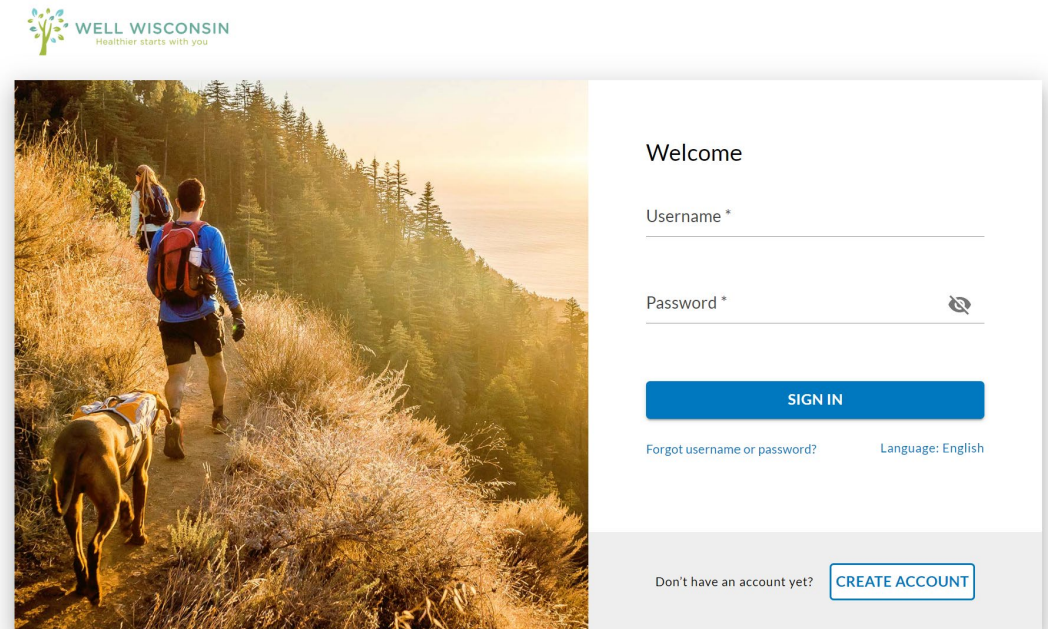
Register a New Account

Members without computer access, call 800-821-6591

1. Go to webmdhealth.com/wellwisconsin
2. Click [CREATE ACCOUNT](#)

Previously registered?


- Sign in using your existing username and password



WELL WISCONSIN
Healthier starts with you

Welcome

Username *

Password * 

[SIGN IN](#)

[Forgot username or password?](#) [Language: English](#)

Don't have an account yet? [CREATE ACCOUNT](#)

Well Wisconsin Incentive

- \$150 Well Wisconsin incentive
- How to claim your incentive



\$150 Well Wisconsin Incentive

Earn your \$150 prepaid card by completing 3 activities by the deadline

1. Health Assessment: WebMD's 10-minute questionnaire
2. Health Check (choose 1):
 - Biometric screening
 - Dental exam
 - A health coaching session
3. Well-being Activity (choose 1)
 - Several options available to choose from

How to Claim Your Incentive

1. Confirmation link for reward from service@prepaiddigitalsolutions.com
2. Create a profile to register or receive your reward
3. Option to redeem virtually or a physical prepaid card

The screenshot displays the 'My Digital Wallet' registration process. On the left, a login modal is shown with three tabs: 'Token', 'Card', and 'Username'. The 'Token' tab is active, showing a field for a 'Digital Token (e.g., 4AZ1-12345B-4321)' and a 'Continue' button. A link for 'Already have a Wallet? Login' is also present. On the right, the 'My Profile' form is shown, titled 'Complete your profile to create a wallet and access your payment. All fields required.' The form includes fields for Username (DENTSPLYTEST), Email (@ONBE.COM), Confirm Email (@ONBE.COM), First Name (TEST), Last Name (USER), Country (USA), Address 1 (1234 Main St.), Address 2, City (Chicago), State (ILLINOIS), Zip (60062), and Mobile Phone (123-123-1234). A 'Security Question' is asked: 'In what city did you meet your spouse/significant other', with an 'Answer' field below it. The interface also features a 'Need Help?' button, a 'Privacy - Terms' link, and a cookie consent banner at the bottom with an 'Accept' button.

Participation Benefits



Biometric Screening



Identify early warning signs of health risks and prevent or manage potential diseases

Screens for:

- Body Mass Index (BMI)
- Blood pressure
- Cholesterol
- Glucose

Choose from:


- Onsite event at work or other location
- At home self-collection materials
- Health care provider*

* Copayments or coinsurance may apply


Well-being Activities



Health coaching




Daily Habits



Employer-sponsored activity



Well Wisconsin Radio podcasts



Wellness challenges



Chronic condition management

Health Coaching



Trained health professionals to support your well-being goals

Individual support

- Phone or email
- Make healthy habits: quit smoking, exercise, eat healthy, sleep better, and improve mental health

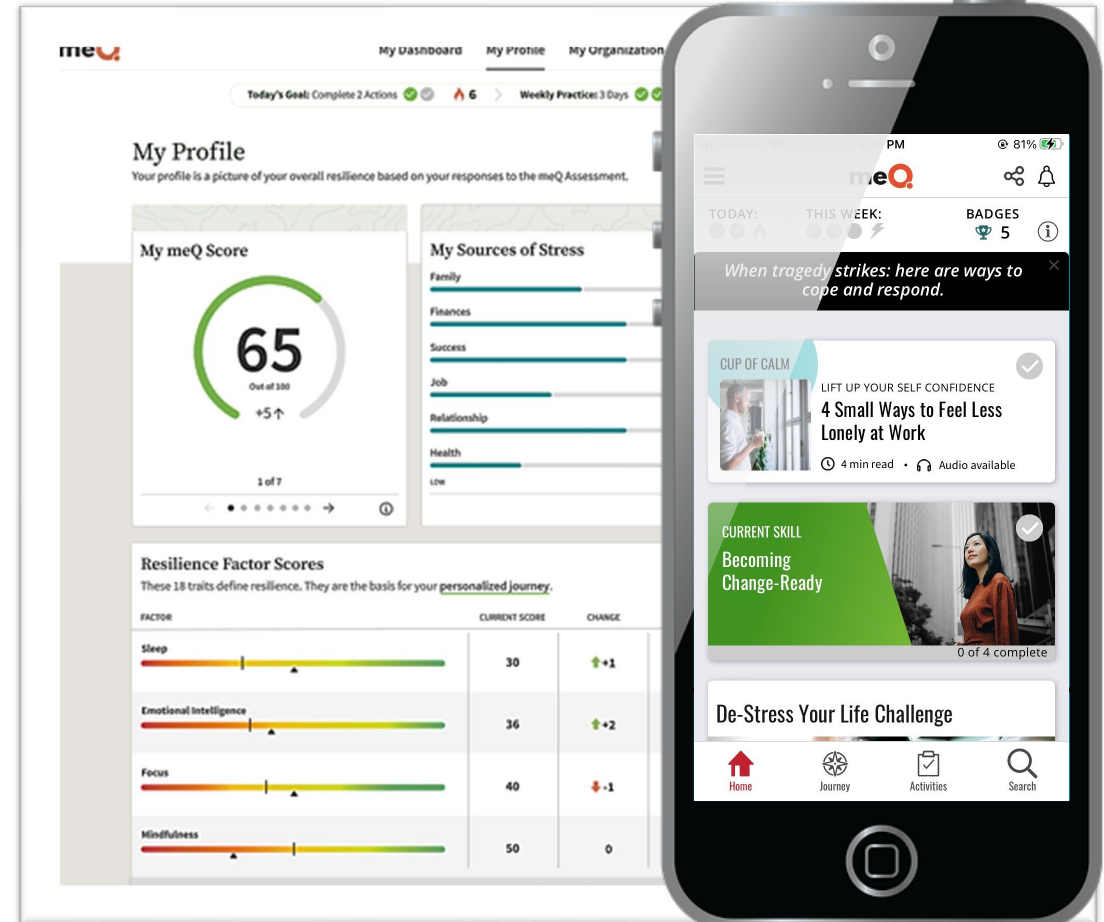
Get started:

- Call 800-821-6591
- Secure message on webmdhealth.com/wellwisconsin

meQuilibrium



- Resilience building app
- Access from your WebMD account



Well Wisconsin Radio

webmdhealthservices.com/wellwisconsinradio

- A podcast that features local Wisconsin experts on a variety of well-being topics
- Subscribe and listen 24/7
- Available on many platforms including Apple, Google, and Spotify



Programs with Eligibility Requirements

- Meet eligibility criteria to participate in these programs
- Call WebMD to learn more and enroll at 800-821-6591

Chronic Condition Management



Manage Chronic Conditions

- Diabetes
- Asthma
- COPD
- Coronary artery disease
- Heart failure

Health Coach

- Registered nurses and dietitians
- Create a personalized condition management plan
- The coach helps you:
 - Stay motivated
 - Choose the right medications
 - Identify and schedule tests
 - Better understand health screening results
 - Develop habits for long-term behavior change





It's Your Health: Diabetes

Condition Management



- Enroll in the WebMD diabetes coaching program
- Work on your individual health goals
- Contact is confidential

Anti-diabetic drugs



- Level 1 drugs no copay
- Level 2 drugs will be less

Questions?

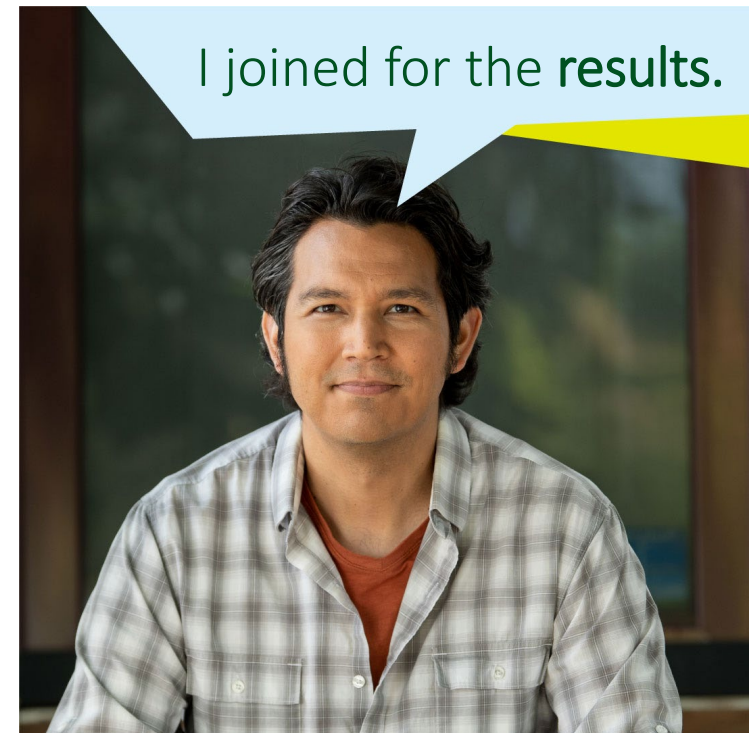
Contact WebMD at 800-821-6591 or send a secure message on [webmdhealth.com/wellwisconsin](https://www.webmdhealth.com/wellwisconsin)

Diabetes Prevention Program

For members with
prediabetes

The Program

- Evidence-based program for those *at risk* of developing type II diabetes
- 12 months of support, coaching, education, and activities

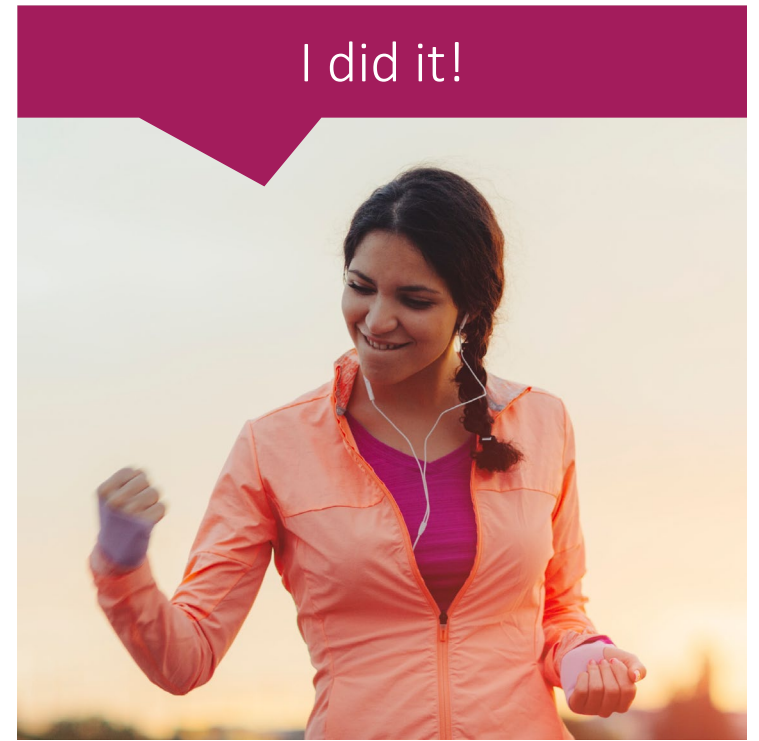


Positively Me

Weight Management Program

The Program

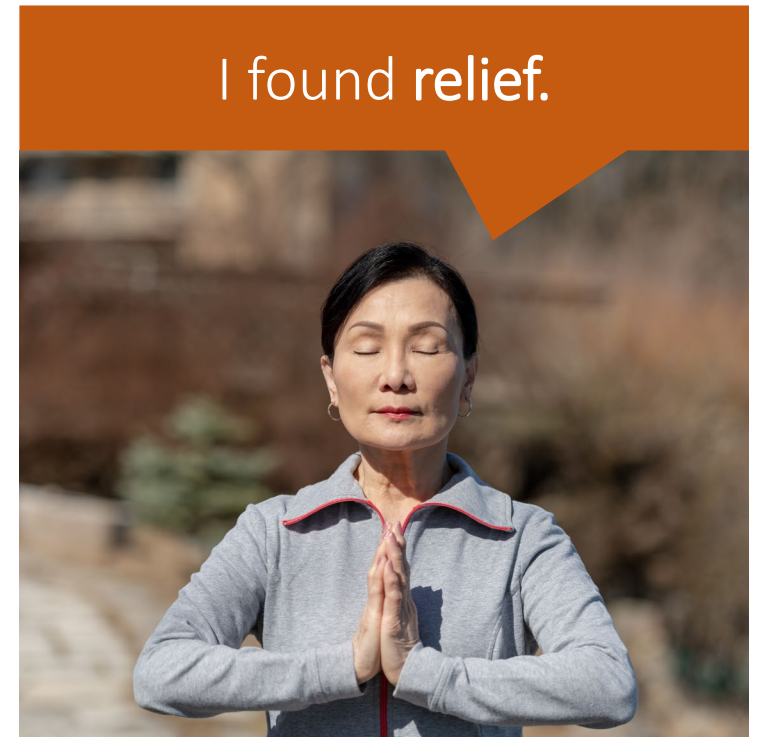
- One-on-one coaching with education and clinically backed research
- Learn mental, emotional, and physical strategies for living a healthier life



Pain Management Program

The Program

- Self-paced digital journey that provides education, activities, and life skills via Fern
- High-touch one-on-one support from WebMD Health Services coaches who are certified in pain neuroscience education



Resources

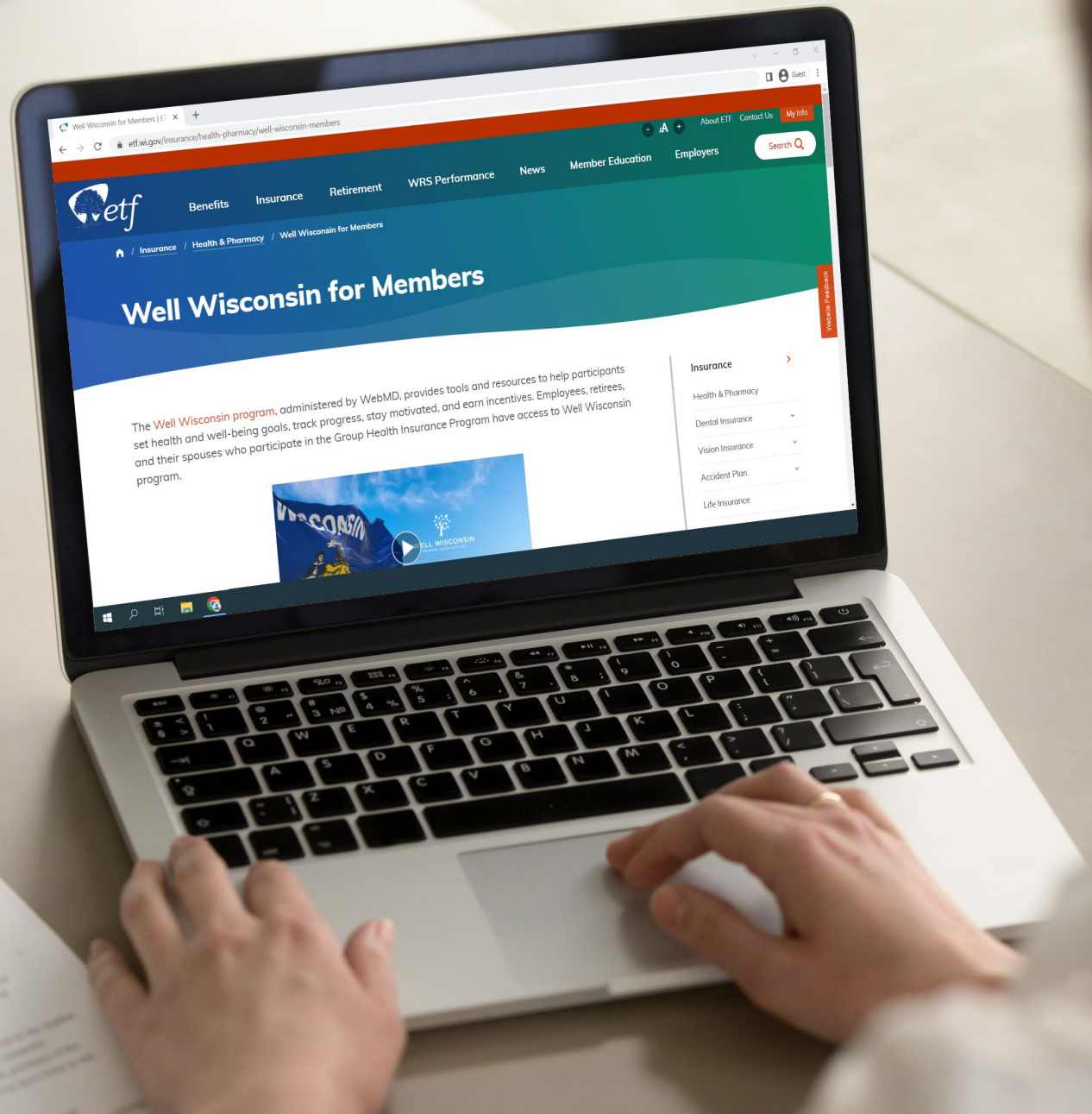
- Well Wisconsin for Members
- WebMD portal
- Wellness at Your Side app



Well Wisconsin for Members

Find Well Wisconsin
resources at:

[etf.wi.gov/well-
wisconsin-members](https://etf.wi.gov/well-wisconsin-members)





Welcome

Username *

Password *



SIGN IN

[Forgot username or password?](#)

Language: English

Don't have an account yet?

CREATE ACCOUNT

WebMD Portal

- Go to webmdhealth.com/wellwisconsin

Wellness At Your Side

WebMD's Wellness At Your Side app puts the power of Well Wisconsin in your hands.

Download our app today.

Visit the Apple App Store or the Google Play Store and search "Wellness At Your Side." Download the app and enter your connection code: SOWI.





Stay Connected



etf.wi.gov



ETF E-mail Updates



1-877-533-5020

