



Make a Difference.

Getting a flu vaccine can keep you out of urgent care and protect those you love.

A flu vaccination doesn't benefit you alone. Not only is getting one your best defense against the flu, it can also help slow the spread of the flu virus and protect the grandparents, expecting mothers and other vulnerable people in your community.

MORE REASONS TO GET THE FLU VACCINE:

The Flu Is Serious.

Most people feel symptoms like a high fever, sore throat and body aches – but the flu can lead to hospitalization or death.

Call the nurseline available through your insurance provider if you or your family member is sick this fall/winter to help determine where to go for care.

It's Always Changing.

The flu virus is constantly changing, so it's important to get vaccinated every year.

Prevention Is Possible.

From 2021-2022, CDC estimates that 1.8 million flu-related illnesses, 22,000 hospitalizations and 1,000 deaths were prevented by flu vaccination.

Getting Vaccinated Is Easy.

It takes just a few moments. Plus, a flu shot can provide you with the best possible defense against the flu virus.

GET YOUR VACCINE.

Get a flu vaccine this fall by registering for an onsite Well Wisconsin flu clinic. If you can't make the Well Wisconsin flu clinics, remember that your doctor's office or local in-network pharmacy has you covered for your flu vaccination, too.

To register for your flu vaccination appointment, log into the wellness portal at webmdhealth.com/wellwisconsin and click "Register" on the Flu Vaccination card.

For more information about the flu vaccine, visit cdc.gov/flu.

*The Well Wisconsin incentive program is a voluntary program available to employees, retirees and spouses enrolled in the State of Wisconsin Group Health Insurance Program, excluding Medicare Advantage participants who have incentives available through their health plan. The Well Wisconsin incentive will automatically be issued to eligible participants upon completing the applicable activities. All wellness incentives paid to participants are considered taxable income to the group health plan subscriber and are reported to their employer, who will issue a W2. In some cases, the Wisconsin Retirement System acts as the employer. Retirees, continuants and their spouses will have some taxes withheld from the incentive amount earned.